

**Meat**

**Meat Super Sale Friday & Tuesday**

 <p>Australian Lamb Shank <b>\$2.49</b> LB.</p>	 <p>Tilapia Fillet <b>\$1.79</b> LB.</p>
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**All Week Specials**

 <p>Fresh Whole Chicken <b>\$1.49</b> LB.</p>	 <p>Chicken Tenders <b>\$2.69</b> LB.</p>	 <p>Ground Chicken <b>\$1.99</b> LB.</p>	 <p>Beef Carne Asada Thin Cut <b>\$2.99</b> LB.</p>
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 <p>Beef Shoulder Clod Roast <b>\$2.79</b> LB.</p>	 <p>Chicken Kabab Special Chef Marinade <b>\$1.99</b> LB.</p>
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**Bakery**

 <p>Dates or Walnuts, Wedding Cookies (Maamoul) <b>\$5.99</b> LB.</p>	 <p>Mediterranean Eggroll Beef, Chicken or Cheese <b>99¢</b> EA.</p>
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**Kitchen**

 <p>Beef or Chicken Shawarma Wrap Served with French Fries or Salad <b>\$5.99</b> EA.</p>	 <p>Chicken Cream Chop Plate (Escalope) Served with Basmati Rice and Salad <b>\$5.99</b> EA.</p>
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PRICES EFFECTIVE AUGUST 2017  
9 10 11 12 13 14 15  
WED THU FRI SAT SUN MON TUE  
Like Us On **facebook**

# HARVEST

International Market

**SIZZLIN' SUMMER deals**



Arz Plain Yogurt 4 lbs.  
**\$1.50** EA.  
With Purchase of \$25.00 or More  
Limit 1 Per Customer Per Day



Persian Cucumbers  
**5 LBS \$1**  
With Purchase of \$25.00 or More  
Limit 5 Lbs. Per Customer Per Day

Offer cannot be combined with another coupon or offer. One coupon per check. Exp. 8/15/17

4220 BALBOA AVE.  
SAN DIEGO CA 92117  
PHONE: 858-810-8228



**STORE HOURS**  
7 DAYS A WEEK  
7AM - 9PM



**Two Days Super Sale Thursday & Friday**

 <p>Green Onions and Italian Parsley <b>6 FOR \$1</b></p>	 <p>Garlic Pack of 5 <b>99¢</b> EA.</p>
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 <p>Cantaloupe and Honeydew <b>3 LBS \$1</b></p>	 <p>Peaches and Nectarines <b>2 LBS \$1</b></p>
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**All Week Specials**

 <p>American Eggplant <b>2 FOR \$1</b></p>	 <p>Iceberg Lettuce <b>2 FOR \$1</b></p>
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 <p>Celery Stalks <b>3 FOR \$1</b></p>	 <p>Red Delicious Apples <b>2 LBS \$1</b></p>
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 <p>Red Flame Grapes and Red Cherries <b>99¢</b> LB.</p>	 <p>Hami Melon and Galia Melon <b>2 LBS \$1</b></p>
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Isabela Chia Seed Drink All Flavors 9.8 fl. oz.  
**99¢** EA.



Isabela Choco Marshmallow Pie 9 pcs. Pack, 5.6 oz.  
**99¢** EA.



Shahia Baby Okra Frozen 400 gr.  
**\$2.99** EA.



Montana Double Peeled Fava Beans Frozen, 400 gr.  
**2 FOR \$5**



Waldiben Kapusta, Sauerkraut 830 gr.  
**\$1.99** EA.  
Product of Poland



ZerGut Cabbage Leaves 51.8 oz.  
**\$3.99** EA.  
Product of Bulgaria



Mid East Baladi Green Olives 4.4 Lbs.  
**\$7.99** EA.  
Product of Turkey



Mid East Corn Oil Blend 1 Gal.  
**\$7.99** EA.



Allegra Pasta All Cuts 16 oz.  
**79¢** EA.  
Product of Mexico



Couscous Bulk  
**99¢** LB.